



7th annual **MARTIN LUTHER KING, JR. & MITZVAH DAY OF SERVICE**

Join Us for A Virtual Event Full of Inspiration & Action

MLK Day of Service honors Rev. Dr. Martin Luther King Jr.'s life and teachings of justice through the principles of nonviolence.

Mitzvah Day is held in the Jewish tradition of *Tikkun Olam*, repairing the world by reaching out to others in their hour of need and enriching their lives and the community as a whole.

We Will have a Special Remembrance for John Lewis.

Monday, January 18, 2021

11:00 AM to 1:00 PM

Register on Eventbrite for free tickets to our Virtual Event:

<https://mlk-mitzvah-day-2021.eventbrite.com>

A zoom link will be automatically sent to you after you register on Eventbrite.

A special thank you to the Folk Music Society of New York for letting us use their Zoom account.

PROGRAM

11:00 AM Updates on COVID-19 virus and vaccines.
Hannah Gould, PhD, MS, MBA

1130 AM Through our workshops, learn about

- **Food Insecurity;**

It's easy to see the effects COVID-19 has had on our way of life in Queens. What's less visible is the number of people who are now worrying about having enough to eat. Job loss and other economic crises associated with COVID-19 have created more food insecurity right in our neighborhood.

Our panel will discuss the growing need, the local organizations stepping up to help, and possible solutions to this severe issue.

Panelists:

Kathryn Garcia- Former COVID Food Czar

Silvia Garces - Co-Chair of Lion's Share food Pantry @ St Mark's Church

Nuala O'Doherty Naranjo - Community Leader and Founding Member of COVID Care Neighbor Network

- **Social and Political Concerns of the Jackson Heights Community and Surrounding Communities;**

What are the major concerns and issues that face your community and are important to you?

Hosted by Shekar Krishnan and co-host Maurice Clayton

- **Intro to Race and Racism for Parents: Becoming More Comfortable Talking about Race and Resources and Information for Supporting Your and Your Children's Racial Consciousness:**

Learn foundational knowledge about the history of race and racism and gain tools for doing internal self-reflection on your own racial and ethnic identity as a parent. The session will conclude with resource recommendations and booklists for Anti-racist parents and their school-age students.

There will be a list of children's books on racism provided by Karen Wellington.

Facilitator: Jeremy Chan-Kraushar, Director of Implicit Bias and Culturally Responsive Education, New York City Department of Education

- **Information on Service Providers and Social Justice Groups**

Find out about the organizations and people who are available to help you and the community with much needed services. Learn about groups who are working for Tikkun Olam, making the world and our community a better place.

There will also be a handout with contact information.

12:30pm: Wrap Up & Special Remembrance of John Lewis

Come together to share insights from the workshops.

A memorial remembrance of those in our community who passed away due to Covid.

Special Remembrance of John Lewis.

Video tribute

“We Shall Overcome” sung by members of the Folk Music Society of New York — Clarice Kjerulff, Don Wade, Leslie Berman, and Marie Mularczyk. and Don Wade.

Closing Statements

Thank You to Our Sponsors and Participants

Kehillat Tikvah: A Jewish Community of Hope; The Folk Music Society of New York; New Visions Democratic Club; Community Methodist Church; Danny Dromm, City Council; Covid Care Network; Lion's Share Food Pantry of St. Mark's Episcopal Church; ; Malkhut; NAACP; Brooklyn Queens chapter of National Organization for Women; Jackson Heights Community Fridge; Ethical Cultural Society of Queens; The Renaissance Charter School; Community Methodist Church; St. Pats for All; Regal Heights Rehabilitation and Health Care Center; New York Cares, Jackson Heights Beautification Group: elected officials, and many more.